



MIDDLE SCHOOL ATHLETICS

FALL NEWSLETTER 2023



FALL SPORTS START DATE 9-6-23

REGISTRATION BEGINS 8-1-23

isd194.org/middle-school-activities

AARON SOULE ACTIVITIES DIRECTOR 952-232-2321

REBECCA DONNER ACTIVITIES SECRETARY 952-232-2320

CROSS COUNTRY \$215.00

Cross Country introduces boys and girls, Gr. 6-8 to the sport of running and provides ability and age level racing experiences. Cross Country will start Wednesday, September 6th, after school.

Practices will be held Monday through Friday, except the first week, and will be right after school. Practices are approximately 1-1/2 hours.

Middle school KTMS/MMS South runners practice at MMS (3-4:30); and middle school CMS/KTMS North runners will practice at CMS. (2:15-3:45) Team registration for Kenwood is based on your attendance area for high school. KTMS runners will take a shuttle bus afterschool to their respective practice sites. Buses will be provided for away meets, buses will return to Century and McGuire after the meet.

Students need running shoes, and a digital wrist watch (optional).

Coaches:

LNHS CMS/KTMS MS: Gary Austin, Adonia McCormick

LSHS KTMS/MMS MS: Corey Kennedy, Elsa Shorey



GIRL'S SWIMMING \$215

The 6-8 graders will have their first practice on Wednesday, September 6th at the McGuire pool. Students will take the shuttle bus to McGuire after school. After the first week, practices will be Monday through Friday. Practices are approximately 1-1/2 hours. Buses will be provided for away meets, buses will return to McGuire after the meet.

There will be one combined middle school team, for 6-8 graders. Each swimmer should have an athletic bag, one piece swimsuit, swim goggles, and a swim cap. There are no tryouts for Swimming.



Coaches:

Gunnar Teigen, Karin Clemon, Paige Hansen

Any 7-8 grader with competitive swimming experience may try out with the varsity in August. You must register for the HS team. More info on H.S. websites.

GIRL'S TENNIS \$215.00



Tennis is for girls in 6-8 grade. Because of limited court space, participation will be first come, first serve. **You must have a sports physical on file at school to register.** Online registration will be available on the website August 1st.

Tennis participation caps:

CMS: 25 players (8 courts shared/LNHS)

KTMS: 20 players (4 courts)

MMS: 30 players (8 courts)

Tennis will start on September 6th, right after school at each school's tennis courts. Buses will be provided for away meets, buses will return to school after the meet.

Practices will be M-F right after school for approximately 1-1/2 hours. Tennis players will need a tennis racket and tennis shoes.

Coaches:

CMS: Kris Swift

KTMS: Liz Ciborowski

MMS: Troy Sergent

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BOY'S SOCCER \$215.00

Soccer is a team sport. The Lakeville Middle School program is designed for the athlete to learn the game at an appropriate level, to have fun, and get some healthy exercise.

The 6th - 8th grade program will start September 6th right after school. Practices will take place at each school's soccer fields for approximately 1-1/2 hours, Monday - Friday right after school. Buses will be provided for away games, buses will return to school after the game.

Please bring clothes for cold/warm weather, soccer shoes, shin guards and water to practice. School owned uniforms will be issued for games.

Coaches will determine the number of teams, based on the number and ability of players. Total number of players is capped at 36 per school. **Registration is first come first serve. You must have a sports physical on file at school to register.**

Boy's Coaches:

CMS: Ally Olson, Patty Moening
KTMS: Kleber Ortiz, Kelvin Mamba
MMS: Tyler Holzer, Alan Merrick



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Coaches:

CMS: Kelly Erickson, Heidi Garcia
KTMS: Nancy Kunkel, Abigayle Burmeister
MMS: Megan Helberg, Stephanie Ross, Andrew Collins

GIRL'S VOLLEYBALL \$215.00

A limited number of registrations are accepted for girls entering 6-8 grade due to court space and coach/girl ratio. For this reason, total number of players will be capped at 36 at each middle school. Practices will begin on September 6th. Practices will take place at each school's gym right after school for approximately 1-1/2 hours, Monday-Friday.

Registration is first come first serve. You must have a sports physical on file at school to register.

Buses will be provided for away games, buses will return to school after the game.

Girls will need shorts, t-shirts, socks, shoes and knee pads for practices. School owned game jerseys for the season will be provided. We look forward to a great year!



Coaches:

CMS: Jonelle Joyner, Anika Weber
KTMS: Tatum Sheley, Christy Fink-Amador
MMS: Alissa Fischer, Caryn Hojnicky